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**MURANG’A UNIVERSITY OF TECHNOLOGY**

**SCHOOL OF HEALTH SCIENCES**

**UNIVERSITY EXAMINATIONS FOR THE DIPLOMA IN COMMUINITY HEALTH AND DEVELOPMENT**

**2ND YEAR 1ST SEMESTER 2016/2017 ACADEMIC YEAR**

**MAIN CAMPUS**

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**UNIT TITLE: HEALTH EDUCATION AND PROMOTION**

**UNIT CODE: HDC 2213**

**VENUE: 9TH FLOOR RM 2 STREAM: Dip. CHD**

**DATE: 13/ 12/ 2016 EXAM SESSION: 2.00 – 3.30 PM**

**TIME: 1 ½ HRS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**INSTRUCTIONS**

1. **Answer all questions in section A and any 2 in section B**
2. **Candidates are advised not to write on the question paper**
3. **Candidates must hand in their answer booklets to the invigilator while in the examination room**

**SECTION A SECTION A Answer all questions in this section (30 marks)**

1. Define the concepts (i) Health (2marks)

(ii) Health Promotion (1marks)

1. State any three components that you would include in a of health Education programme in your community (3marks)
2. List any 3 Health Promotion Strategies (3marks)
3. (i)Define Health policy? (1mark)

(ii)State any 4 stages of Health Policy (2marks)

1. i)Briefly explain the word “Theory” (1mark)

ii)State any 2 theories (2 marks)

6.Mention 3 Dimensions of Education in Community Health(3marks).

7). State three major approaches commonly used in health education giving examples in each case 3mks

8).State 3 examples what a Health Intervention is (3marks).

9).Mention 3 types of Evaluation (3marks)

10).State any 3 Community Based Education(3marks)

**SECTION B**

**Answer any two Questions (30 Marks)**

* + - 1. (i)Discuss the five importance of health behavior theory (10 marks) (ii)Importance of Health promotion at Individual at the Cmmunity level(5marks)
      2. (i)Discuss any five Health promotion challenges(5marks) ii)Discuss the process of health promotion (10marks)
      3. a)Discuss 7 major Health priorities in Kenya. (7marks)

b)Discuss the 4 any Roles of a Community Health Educator (8 marks)

4.a)“Describe the five major strategies of health promotion according to Ottawa charter of 1986 (5 marks)

b)Discuss steps in planning and evaluating a health promotion program **(**10marks).