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**MURANG’A UNIVERSITY OF TECHNOLOGY**

**SCHOOL OF HEALTH SCIENCES**

**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR IN COMMUNITY HEALTH AND DEVELOPMENT/ PUBLIC HEALTH**

**YEAR 4 SEMESTER 1**

**ACADEMIC YEAR 2016/2017**

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**UNIT CODE: HCD 3421**

**UNIT TITLE: MENTAL HEALTH**

**EXAM VENUE: 9TH FLOOR**

**DATE:**

**TIME: 2HOURS**

**EXAM SESSION:**

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**INSTRUCTIONS**

1. **Answer question ONE (compulsory) and ANY other TWO questions.**
2. **Candidates are advised not write on the question paper.**
3. **Candidates must hand in their answer booklets to the invigilator while in the examination room.**
4. Define the following terms (3 MKS)

i)Schizophrenia.

ii)personality disorders

iii) mental retardation

1. Outline three characteristics of mental illness. (3 MKS) State 3 predisposing factors to mental health disorders (3 marks)
2. Outline 3 biological factors that influence mental health disorders (3 marks)
3. Explain 3 ways of maintaining healthy mental status (3 marks)
4. Define the following terms as used in mental health (3marks)

i)Attention

ii)Concentration

iii)Depression

1. List 3 symptoms that may suggest the possibility of a mental health problem (3marks)
2. State strategies used to prevent mental health disorders in our society (3 marks)
3. Explain the purpose of classification of mental health disorders (3marks)
4. There’s no health without mental health, explain (3marks)
5. State any three types of services offered at mental health institution. (3marks)

**SECTION B (40marks)**

1(a). Discuss any four strategies used when integrating mental health into primary care settings (8marks)

(b). Describe the three basic features of the diagnostic and statistical manual of mental health disorders (12 marks)

2(a). Describe any four interventions used when integrating mental health into primary care settings (8marks)

(b). Discuss any three reasons why proper history taking is essential in the management of mental disorders (12) marks

3(a). Describe any four forms of treatment used in mental health disorders (10 marks)

(b). Discuss adoption study design and its significance in mental health (10 marks)

4(a). Describe the public health significance of mental health (10 marks)

(b). Discuss the process used to develop mental health policy in Kenya (10 marks).