



# **MASENO UNIVERSITY**

## **UNIVERSITY EXAMINATIONS 2011/2012**

**FIRST YEAR SECOND SEMESTER EXAMINATIONS FOR  
THE DEGREE OF MASTER OF EDUCATION IN GUIDANCE  
AND COUNSELING  
(MAIN CAMPUS AND CITY CAMPUS)**

### **EPY 815: THEORY AND PRACTICE OF COUNSELING IN EDUCATION**

*Date: 8<sup>th</sup> December, 2011*

*Time: 9.00 – 12 noon*

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#### **INSTRUCTIONS:**

- ❖ Write your University Registration Number on every booklet that you see.
- ❖ Do not write your name on any paper you see.
- ❖ Answer **question ONE** and any other **TWO** questions.

- Q1.
- (a) "Freud's story, like most people's stories, begins with other. In his case, those others were his mentor and friend, Dr. Joseph Breuer, and Breuer's patient, called Anna O". Discuss the therapeutic approaches that were used by Freud and his friend Joseph to treat Anna O.
  - (b) Discuss at least three (3) potential limitations of counseling theories.
  - (c) Discuss at least five (5) ethical issues in counseling practice

*(20 Marks)*

- Q2.
- (a) Though primarily an individual approach, Existential Counseling can be conducted beneficially in group. Discuss
  - (b) Discuss the four (4) main concepts underlying Carl Rogers' Person-Centered Therapy and outline how they can be applied to counseling.

*(20 Marks)*

- Q3.
- (a) "Without a theory, the counselor is like a cork floating in the lake, at the mercy of the tides and currents". Discuss.
  - (b) Discuss how a Behavioral Counselor can assist a student client in obtaining reinforcement in his/her daily life.

*(20 Marks)*

- Q4.
- (a) Discuss the principles of Reality Counseling.
  - (b) Behavioral Counseling starts with an assessment of behavior to specify treatment goals and methods. Discuss

*(20 Marks)*

- Q5.
- (a) Discuss the various punishment procedures and how they could always be used in conjunction with positive reinforcement of desirable behaviors".
  - (b) With an illustration of the Awareness Zone Model, discuss the basic principles of Gestalt psychology in relation to the secondary school situation.

*(20 Marks)*

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