



MASENO UNIVERSITY

UNIVERSITY EXAMINATIONS 2015/2016

**FIRST YEAR TERM THREE EXAMINATION FOR THE DEGREE OF
BACHELOR OF SCIENCE IN NURSING WITH INFORMATION
TECHNOLOGY**

MAIN CAMPUS

MCS 106: COMMUNITY HEALTH NURSING I

Date: 5th July, 2016

Time: 9.00 - 12.00 noon

INSTRUCTIONS:



Candidate's Number: _____

END OF YEAR EXAM

YEAR 1/ TERM 3

NURSING SKILLS

(3 HOURS)

INSTRUCTIONS

1. The exam consists of **THREE (3)** sections. (Total 100 Marks)
 - ~~2. Answer ALL questions in sections A, B and C~~
 - ~~3. Answer questions in the ANSWER SHEET and BOOKLET provided~~
 4. **SECTION A** has Thirty (30) Multiple Choice Questions (MCQs). (30 Marks)
 5. **SECTION B** has Six (6) Short Answer Questions (SAQs). (30 Marks)
 6. **SECTION C** has two (2) Long Essay Questions (LEQs). (40 Marks)
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Section A: Multiple Choice Questions (MCQs)**(30Marks)**

Select the most appropriate response to the stem question. A correct response earns you one (1) Mark

1. The overall role of community health nursing is
 - A. Prevent illness
 - B. Achieve high level of health.
 - C. ~~Correct remedial defects.~~
 - D. Promote health.
 - E. Educate the public on the prevention of health hazards by using medico-social measures and the appropriate technology for example use of mosquito nets
2. Fertile land, water and good climate attracted more people to settle in an area . This attributes fall under _____ factor.
 - A. Ecological
 - B. Social
 - C. Economic
 - D. Topographical
 - E. Geographical
3. Which of the following is NOT a characteristic of a community?
 - A. Preference
 - B. Role feeling
 - C. Spontaneous growth
 - D. Permanence
 - E. Particular name
4. An example of a disease that is not transmitted from humans to humans include :-
 - A. Malaria
 - B. Tuberculosis
 - C. Diphtheria
 - D. Meningitis
 - E. Whooping cough
5. In the treatment of TB "DOT" means:-
 - A. ~~Patients getting TB treatment as close to home possible~~
 - B. Patient adhere to treatment during the intensive phase only
 - C. Directly observed treatment with weekly monitoring
 - D. Patients take every drug dosage under supervision
 - E. Patients take every drug dosage.
6. All health care services and activities within the county are monitored and supervised by the county who?



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- A. Public health officer
 - B. Public health nurse
 - C. Health management team
 - D. Medical officer of health
 - E. Clinical officer
7. The drug of choice for chlamydia trachomatis is:-
- A. Tetracycline 1%
 - B. Erythromycin
 - C. Sulphonamides
 - D. Gentamycine
 - E. Tetracycline 3%
8. When health care is geographically, financially, and culturally within easy reach to the entire community the service is said to be:-
- A. Available to the community
 - B. Acceptable to the community
 - C. Affordable to the community
 - D. Accessible to the community
 - E. Appropriate to the community
9. The purpose of screening test is to:-
- A. Diagnose someone with the disease.
 - B. Detect people with risk factors of sub-clinical disease
 - C. Check whether a population is a risk of a disease
 - D. Collect the data for a mass campaign
 - E. Treat the disease to reduce disability
10. The most effective method of giving health education in a health facility is.
- A. Visual aids use.
 - B. Lecture method
 - C. Role-play
 - D. Demonstration
11. Pediculosis is infestation with which of the following?
- A. Jiggers
 - B. Lice
 - C. Bedbugs
 - D. Flea
 - E. Ringworms
12. The following statements are true about fungal infections, which one is **NOT**?
- A. Dermatomycosis is a term applied to fungal infections of the skin and mucous membranes
 - B. Several types are identified according to causative organisms
 - C. Several types are identified according to site and clinical appearance



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- D. Fungal skin infections are usually a problem illness rather than appearance
E. They are sometimes indicators of immunosuppression
13. Tinea corporis is ringworm of the:-
A. Scalp
B. Skin
C. Nails
D. Body
E. Foot
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14. Which of the following statements is NOT TRUE about Sexually Transmitted Diseases?
A. Self-medication is common
B. Treatment is often obtained from private practitioners quacks and pharmacists.
C. The causative organisms for STDs are not easily killed by drying or by changes in temperature.
D. STDs are common in adults, but are often hidden for fear of the opinion of others.
E. STDs are under-reported
15. The most effective method of giving health education in a health facility is.
A. Visual aids use.
B. Lecture method
C. Role play
D. Demonstration
E. Question and answer method.
16. In the history of community health nursing, the ancient Babylonians believed that
A. Hospitals were made for the sick
B. Sick persons were unclean.
C. Visiting the sick was a health practice
D. The Mosaic health laws must be adhered to.
17. Which of the following is NOT intervention in the secondary prevention of a disease?
A. Immunization
B. Screening program
C. Disease surveillance.
D. Administration of deworming drugs.
E. Referrals
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18. Which of the following is a protozoal infection of the genital tract of males and female ?
A. Trachoma
B. Trichomoniasis
C. Trichomona
D. Trypanosomiasis
E. Candidiasis
19. Which species of trypanosome causes a slow chronic illness, resulting in death from "sleeping sickness" in humans?



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- A. Trypanosome b. brucei
 - B. Trypanosome b. gambiense
 - C. Trypanosome b. rhodesiense
 - D. Trypanosome G. palpalis
 - E. Trypanosome G. morsitans
20. _____ is a chronic disease caused by trematodes, which affect the large bowels or the urinary bladder. The disease is also called bilharzia
- A. Filariasis
 - B. Plague
 - C. Schistosomiasis
 - D. Dracunculosis
 - E. Leishmaniasis
21. A model is defined as:-
- A. A set of systematically interrelated concepts or hypotheses that seek to explain or predict a phenomena
 - B. Interrelated constructs (concepts) and propositions that present a systematic view of phenomena
 - C. A category or class of objects which represent either an abstract version of the real world or a concrete idea
 - D. Is a group of concepts, plus a set of propositions which spells out the relationship between those concepts.
 - E. A description or analogy used as a pattern to enhance our understanding of something that is known
22. Conceptual framework is defined as:-
- A. A set of systematically interrelated concepts or hypotheses that seek to explain or predict a phenomena
 - B. Is a group of concepts, plus a set of propositions which spells out the relationship between those concepts
 - C. Interrelated constructs (concepts) and propositions that present a systematic view of phenomena
 - D. A description or analogy used as a pattern to enhance our understanding of something that is known
 - E. A category or class of objects which represent either an abstract version of the real world or a concrete idea
23. In systems theory as it applies to community health nursing, humans are referred to as:-
- A. Open systems
 - B. Living systems
 - C. Parts of the systems
 - D. Closed systems
 - E. Important systems



24. The first concept underlying community health nursing is:-
- A. Practice interventions
 - B. Scope of practice
 - C. Practice priorities
 - D. Health determinants
 - E. Community health nursing dynamics
25. In community health nursing, health protection can be defined as:-
- A. The activities that maintains and enhances community's levels of wellness
 - ~~B. Activities such as family planning and immunization~~
 - ~~C. Efforts to shield the public from harmful effects of elements in the environment~~
 - D. The activities that results in reduction in morbidity rates
 - E. Efforts to creates awareness on health services availability
26. Nursing actions that directly or indirectly manage the variable in the environment to reduce health risks are referred to as ____ practice interventions
- A. Education
 - B. Enforcement
 - C. Promotion
 - D. Persuasion
 - E. Engineering
27. When discussing health determinants in CHN, the adequacies or inadequacies of health care system will be categorized as:-
- A. Medical- technological organizational determinants
 - B. Human biological determinants
 - C. Environmental determinants
 - D. Psycho-socio determinants
 - E. Cultural determinants
28. "Each system part is greater than the sum of its parts". Which two nursing theorists shared this concept?
- A. Betty Newman and Dorothea Orem
 - B. Martha Rogers and Betty Newman
 - C. Callista Roy and Pender Nola
 - D. Rosemarie Rizzo parse and Martha Rogers
 - E. Betty Newman and Dorothea Orem
- ~~29. Which of the following is NOT in the "common interest community" category?~~
- A. Members of a church in a large city.
 - B. Members of a national professional organization
 - C. The physically handicapped emerge as a community through common interest in their need to get equal employment opportunities
 - D. The internally displaced families fighting for settlement
 - E. Families who share a cattle dip



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30. The collective participation in the affairs and prevalent mode of life in the community grows a sense of mutual identification of the hopes and aspirations of its members are a characteristic of a community, which one is it?
- A. Territorial character
 - B. Common life
 - C. Community- feeling
 - D. Feeling of oneness
 - E. Dependency feeling
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