



**MASENO UNIVERSITY**  
**UNIVERSITY EXAMINATIONS 2016/2017**

**THIRD YEAR FIRST SEMESTER EXAMINATIONS FOR THE  
DEGREE OF BACHELOR OF EARLY CHILDHOOD  
EDUCATION WITH INFORMATION TECHNOLOGY**

**MAIN CAMPUS**

**ECE 309: METHODS OF TEACHING PHYSICAL AND  
PSYCHOMOTOR ACTIVITIES**

Date: 5<sup>th</sup> December, 2016

Time: 12.00 - 3.00 pm

---

**INSTRUCTIONS:**

- Answer question ONE and any other THREE questions.



### **QUESTION ONE.**

(a) Highlight any five activities the ECDE children will do during physical and psychomotor at the following stages:

- I. Free play activities.
- II. Directed activities without apparatus.
- III. Directed activities with apparatus. (15 Marks)

(b) Explain any five roles of a teacher in encouraging physical play activities in ECDE centres. (10 Marks)

### **QUESTIO TWO**

(a) Describe the two categories of teaching/learning resources for P.E. and give four examples of each. (10 Marks)

(b) Highlight any five factors a teacher should considered to ensure safety of equipment in the yard. (5 Marks)

### **QUESTION THREE**

As a teacher at the ECDE centre, explain how you would plan for the children with special needs during physical and psychomotor activities. (15 Marks)

#### **QUESTION FOUR**

(a) Discuss roles of a teacher during physical and psychomotor activities.

(15 marks)

#### **QUESTION FIVE**

Describe how the following activity areas can be integrated during physical psychomotor activities:

(15 Marks)

- I. Science.
- II. Mathematic.
- III. Language.

#### **QUESTION SIX.**

Describe how the following teaching methods can be applied to teaching physical psychomotor:

- i. Team teaching.
- ii. Peer teaching
- iii. Group teaching.

(15 Marks)