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#### **MAASAI MARA**

#### **UNIVERSITY**

#### **SCHOOL OF EDUCATION**

PSY 310 HUMAN GROWTH AND DEVELOPMENT

INSTRUCTIONS: Answer Question ONE and TWO OTHER QUESTIONS

QUESTION ONE (COMPULSORY)

1. Give FIVE reasons for the importance of studying human growth and development as a teacher (10 marks)
2. Using examples, differentiate between the following concepts;
3. Cephalocaudial and proximodistal trends
4. Growth and development
5. Pre-natal and Peri-natal stage
6. Morality and moral development (10 marks)
7. Explain the stages of pre-natal development (10 marks)

QUESTION TWO

1. Explain Piaget’s stages of cognitive development in children (12 marks)
2. Give FOUR implications of Piaget’s theory of cognitive development to educational practice (8 marks)

QUESTION THREE

1. Using examples, discuss FIVE principles of human growth and development (10 marks)
2. Explain FIVE teratogens and their effects on the developing fetus (10 marks)

QUESTION FOUR

1. Explain FIVE factors that affect physical/motor development in children (10 marks)
2. Discuss FIVE reasons for the importance of play in children (10 marks)

QUESTION FIVE

1. Compare and contrast any FIVE physical/sexual development between boys and girls during the adolescent stage (10 marks)
2. Give FIVE problems and challenges that children undergo during the adolescence stage (10 marks)

*…………………………………END…………………………..*