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MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS**

**2016/2017 ACADEMIC YEAR**

**FOURTH YEAR FIRST SEMESTER**

**SCHOOL OF EDUCATION**

**BACHELOR OF EDUCATION**

**COURSE CODE: PSY 410**

**COURSE TITLE: GUIDANCE AND COUNSELING**

**DATE: 26TH APRIL 2017 TIME: 8.30AM-10.30AM**

**INSTRUCTIONS TO CANDIDATES**

* ***Answer question ONE (compulsory) and any other TWO questions.***
* ***Question one carries 30 marks***
* ***All other questions carry 20 marks***

*This paper consists of 2 printed pages. Please turn over*

**QUESTION 1**

a) Distinguish between guidance and counseling **(4mks)**

b) Identify three aims of guidance and counseling **(3mks)**

c) In career counseling, explain five areas of emphasis that counselor would consider when helping a client in career decision making **(10mks)**

d) Confidentiality is one of the counseling skills that must be observed. Explain when limitations of confidentiality are applied**. (6mks)**

e) Explain the characteristics of a good guidance and counseling teacher.

**(7mks)**

**QUESTION 2**

a) Discuss the ethical principles of guidance and counseling **(12mks)**

b) Explain the role of the counselor according to Roger’s person centred theory **(8mks)**

**QUESTION 3**

a) Explain four causes of conflict in our communities **(8mks)**

b) Discuss strategies of resolving conflicts in our communities today **(12mks)**

**QUESTION 4**

1. Explain the issues facing guidance and counseling in Kenyan schools today

**(10mks)**

b) Discuss the importance of guidance and counseling in our institutions of learning **(10mks)**

**QUESTION 5**

Describe the procedure used in guidance and counseling in a counseling session. **(20mks)**