

**W1-2-60-1-6**

**JOMO KENYATTA UNIVERSITY OF AGRICULTURE AND TECHNOLOGY**

# **UNIVERSITY EXAMINATIONS 2014/2015**

**FOURTH YEAR FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE IN PUBLIC HEALTH**

**ICH 2401: MENTAL HEALTH**

**DATE: DECEMBER 2014 TIME: 2 HOURS**

**INSTRUCTIONS:**

**SECTION A: THIS SECTION IS COMPULSORY**

**QUESTION ONE**

1. Describe how Health differs from mental health according to WHO [4 marks]
2. Describe the factors which determine mental health and mental illness. [8 marks]
3. Explain the role of WHO in mental health promotion [6 marks]
4. Explain how mental health can be promoted in a community [6 marks]
5. Describe two mental disorders in any community [8 marks]
6. Explain the classification on the treatment and rehabilitation cure of the mentally ill. [10 marks]
7. Describe the spiritual dimensions of health. [6 marks]

**SECTION B :ANSWER ANY ONE QUESTION FROM THIS SECTION**

**QUESTION TWO**

Discuss the major factors that can influence an individual’s mental health. [22 marks]

**QUESTION THREE**

1. Describe the intrinsic and extrinsic factors which causes mental illness. [16 marks]
2. Explain the three classification of mental illness. [6 marks]