



**MASENO UNIVERSITY**  
**UNIVERSITY EXAMINATIONS 2016/2017**

**FIRST YEAR FIRST SEMESTER EXAMINATIONS FOR THE DIPLOMA  
IN EDUCATION**

**MAIN CAMPUS**

**EPY 310: HUMAN GROWTH AND DEVELOPMENT**

**Date:** 27<sup>th</sup> June, 2017

**Time:** 2.00 - 5.00 pm

**INSTRUCTIONS:**

- Answer question ONE and any other TWO questions.



**SECTION A: COMPULSORY**

1. a) Explain four (4) misconceptions about adolescence. (4 marks)
- b) Explain six (6) characteristics of mental development during adolescence. (6 marks)
- c) Explain six (6) causes of heightened emotional problems during adolescence period. (6 marks)
- d) Explain six (6) recreational interests of the adolescence. (6 marks)
- e) Explain four (4) new values of social groupings among the adolescents. (4 marks)
- f) Explain at least four (4) educational implications of the adolescence period. (4 marks)

**SECTION B: ANSWER ONE QUESTION ONLY FROM THIS SECTION**

2. a) Explain the first five (5) stages of the psychosocial development according to Erick Erickson. (10 marks)
- b) Explain at least eight (8) factors that affect physical Growth and Development. (8 marks)
- c) Explain four (4) types of delivery. (2 marks)
3. a) Explain Sigmund Freud's' stages of psychosexual development. (10 marks)
- b) Explain six (6) principles of motor development. (6 marks)
- c) Explain any four (4) signs of pregnancy. (4 marks)

(c) Explain Bronfenbrenners ecological theory of development.  
(6 marks)

Q4 (a) Explain any five (5) physical changes that take place during adolescence.

(5 marks)

(b) Explain egocentricism in adolescent thoughts.

(4 marks)

(c) Explain three (3) stages in career development of adolescents.

(3 marks)

(d) Using relevant examples, discuss factors that influence social development of adolescents.

(8 marks)

Q5 (a) Explain John Holland's five (5) basic career related personality types.

(5 marks)

(b) Describe three (3) styles of grandparenting

( 3 marks)

(c) Describe any seven (7) physical changes in late adulthood.

(7 marks)

(d) Describe Kubler Ross' stages of dying.

(5 marks)