



MASENO UNIVERSITY
UNIVERSITY EXAMINATIONS 2015/2016

**FIRST YEAR FIRST SEMESTER EXAMINATIONS FOR THE
DEGREE OF BACHELOR OF EARLY CHILDHOOD EDUCATION
WITH INFORMATION TECHNOLOGY**

MAIN CAMPUS

ECE 105: CHILD, NUTRITION AND HEALTH CARE

Date: 18th January, 2016

Time: 2.30 - 4.30 pm

INSTRUCTIONS:

- Answer question ONE and any other TWO questions.



QUESTION ONE

- a) Explain six roles of a preschool teacher in maintaining personal hygiene in her class. (6marks)
- b) Identify any six effects of HIV/AIDS in a preschool learner. (6marks)
- c) Differentiate between micronutrients and macronutrients using suitable examples in each case. (6marks)
- d) Identify any six reasons for adequate ventilation in a preschool classroom. (6 marks)
- e) Highlight any six causes of common childhood diseases in children. (6marks)

QUESTION TWO

- a) Explain five factors to consider when planning for a feeding programme in a preschool. (10marks)
- b) Discuss any five reasons for exclusive breastfeeding to an infant. (10 marks)

QUESTION THREE

Describe any five elements of primary health care. (20marks)

QUESTION FOUR

- a) Identify any five effects of malnutrition in children. (10marks)
- b) Discuss any five factors affecting food production in Kenya. (10marks)

QUESTION FIVE

- a) Describe five roles of fats nutrient in human body. (10marks)
- b) Explain any five accidents children are likely to encounter both at home and in school. (10marks)