

W1-2-60-1-6

**JOMO KENYATTA UNIVERSITY**

**OF**

**AGRICULTURE AND TECHNOLOGY**

**UNIVERSITY EXAMINATIONS 2017/2018**

**YEAR III SEMESTER I EXAMINATION FOR THE DEGREE OF BACHELOR OF COMMUNITY HEALTH**

**ICH 2301: COMMUNITY BASED COUNSELLING**

**DATE: AUGUST 2018 TIME: 2 HOURS**

**INSTRUCTIONS: ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS**

**QUESTION ONE (48 MARKS)**

1. Explain the following terms;
2. Counseling Psychology
3. Communication
4. Ideal Self [6 marks]
5. Explain THREE objectives of Counseling. [6 marks]
6. Explain THREE ethical considerations in the counseling process. [6 marks]
7. Explain THREE principles of Counseling. [6 marks]
8. Explain UPR (Unconditional Positive Regard). [6 marks]
9. Explain how Freud’s Structural Model of the ID, EGO and SuperEgo influence behaviour. [6 marks]
10. Explain THREE benefits of group counselling. [6 marks]
11. Describe THREE ways a counselor acquires clients for counseling. [3 marks]
12. Describe THREE qualities of a good Counsellor. [3 marks]

**QUESTION TWO**

1. In a workshop for Home-based care providers, Mariam was presented with five emergence clients to counsel. Discuss the counselling techniques she might have used to Counsel. [12 marks]
2. “A community counselor is very important to a people of a particular community”. Justify. [10 marks]

**QUESTION THREE**

1. Discuss FIVE trends in modern Counseling. [10 marks]
2. Explain the importance of Abraham Maslow’s humanistic theory in human behaviour. [12 marks]

**QUESTION FOUR**

1. Describe self-concept and its components. [10 marks]
2. Describe the FOUR stages of the counseling process. [12 marks]